

# Postgraduate Certificate

## Nutrition and Pathologies in Childhood





## Postgraduate Certificate Nutrition and Pathologies in Childhood

- » Modality: online
- » Duration: 2 month
- » Certificate: TECH Technological University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online

Website: [www.techtute.com/us/medicine/postgraduate-certificate/nutrition-pathologies-childhood](http://www.techtute.com/us/medicine/postgraduate-certificate/nutrition-pathologies-childhood)

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# 01 Introduction

Update your knowledge in Nutrition and Pathologies in Childhood with the help of active professionals in the sector. You will learn the latest news and techniques in Child Nutrition.



A photograph of a person wearing a light blue medical scrub top. A red measuring tape is being used to measure their waist. The background is a solid blue color with a white diagonal line separating it from the white area where the quote is located.

“

*Improve your knowledge through this program, where you will find the best didactic material with real clinical cases. Learn here about the latest advances in the specialty to be able to perform a quality medical practice".*

This program offers the student the possibility of deepening and updating their knowledge by using the latest educational technology. It provides an overview of Nutrition and Pathologies in Childhood while focusing on the most important and innovative aspects of pediatric nutrition and dietetics.

This program provides specialization in the field of Childhood Nutrition and Pathologies in areas of particular interest such as:

- ♦ Child Nutrition at Home.
- ♦ Nutritional Supplements.
- ♦ Probiotics and Prebiotics in Infant Feeding.

This Postgraduate Certificate is methodologically designed for distance learning in order to guarantee optimal supervision.

With this specialization you will have the opportunity to take a program that compiles the most advanced and in-depth knowledge in the field, where a group of highly regarded professors with extensive international experience provides you with the most complete and up-to-date information on the latest advances and techniques in Nutrition and Pathologies in Childhood.

This **Postgraduate Certificate in Nutrition and Pathologies in Childhood** contains the most complete and up-to-date scientific program on the market. The most important features of the Certificate are:

- ♦ Clinical cases presented by experts in nutrition. The graphic, schematic, and eminently practical contents with which they are created, provide scientific and healthcare information on those medical disciplines that are essential to profession practice.
- ♦ New diagnoses and treatments for pediatric Child Nutrition.
- ♦ An algorithm-based interactive learning system for decision-making in the clinical situations presented throughout the course.
- ♦ Special emphasis on test-based medicine and research methodologies in clinical nutrition.
- ♦ All of this will be complemented by theoretical lessons, questions to the expert, debate forums on controversial topics, and individual reflection assignments.
- ♦ Content that is accessible from any fixed or portable device with an Internet connection



*Expand your knowledge through the Postgraduate Certificate in Nutrition and Pathologies in Childhood in a practical way adapted to your needs”*

“

*This Postgraduate Certificate may be the best investment you can make in the selection of a refresher program for two reasons: in addition to updating your knowledge of Nutrition and Pathologies in Childhood, you will obtain a university degree from Spanish educational institution, TECH”*

Forming part of the teaching staff is a group of professionals in the world of clinical nutrition, who bring to this course their work experience, as well as a group of renowned specialists, recognised by esteemed scientific communities.

The multimedia content developed with the latest educational technology will provide the professional with situated and contextual learning, i.e., a simulated environment that will provide immersive training program to train in real situations.

Problem-Based Learning underpins this program design, and the pediatrician must use it to try and solve the different professional practice situations that arise throughout the Course. For this reason, you will be assisted by an innovative, interactive video system created by renowned and experienced experts in the field of nutrition who also have extensive teaching experience.

*This University Course provides training in simulated environments, which provides immersive learning designed to train professionals for real situations.*

*It includes clinical cases to bring the program's degree as close as possible to the reality of care in medicine.*





# 02 Objectives

The program's primary objective is focused on theoretical and practical learning, so that the pediatrician can practically and rigorously master Child Nutrition.







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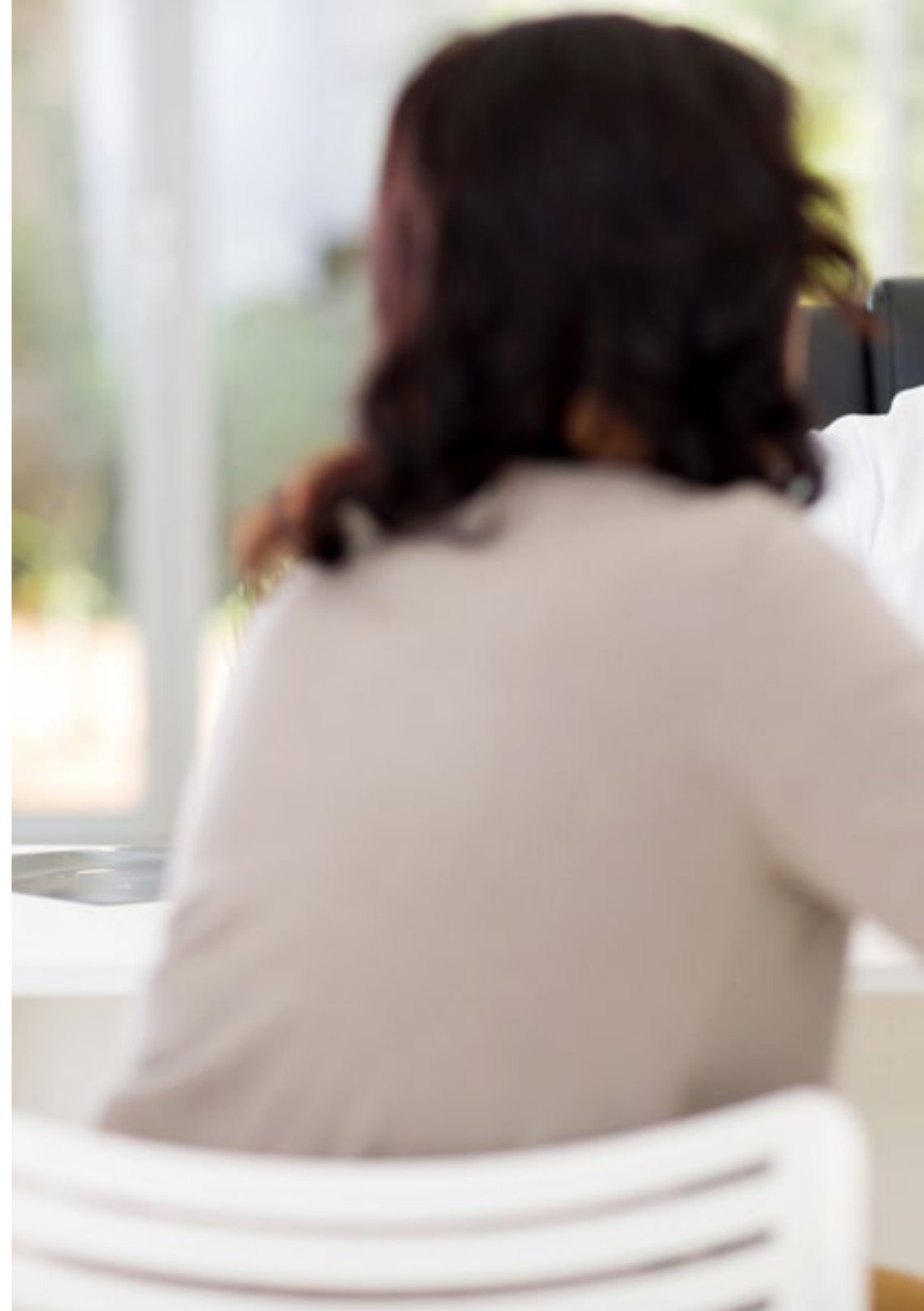
*This refresher program will generate a sense of security when practising medicine, which will help you grow both personally and professionally”*



## General Objectives

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- ♦ Update the knowledge of pediatric professionals on the latest trends in human nutrition, both in health and in pathological conditions, through evidence-based medicine
- ♦ Promote work strategies based on the practical knowledge of the new trends in nutrition and its application to child pathologies, where nutrition plays a fundamental role in treatment
- ♦ Promote the acquisition of technical skills and competencies through robust audiovisual systems, complemented by opportunities for development via online simulation workshops and/or specialized training
- ♦ Encourage professional stimulation through continuing education and research
- ♦ Train the professional for research into patients with nutritional problems





### Specific Objectives

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- ♦ Study the role of nutrition in the various pathologies of childhood
- ♦ Explore eating difficulties and disorders in children
- ♦ Address common disorders such as Bulimia and Anorexia
- ♦ Delve into the nutrition of children with Autism, Diabetes, Cancer, or Bone Pathologies

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*Make the most of the opportunity and take the step to get up to date on the latest developments in Nutrition and Pathologies in Childhood”*

03

# Course Management

This program includes highly regarded health professionals in the field of clinical nutrition in its teaching staff, who bring the experience of their work to this specialization.

Also involved in designing and preparing the program are renowned specialists who are members of prestigious national and international scientific communities.





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*Learn from leading professionals  
the latest advances in current  
trends in Nutrition”*

## International Guest Director

Dr. Sumantra Ray is an internationally recognized specialist in **Nutrition** and his main areas of interest are **Nutrition Education in Health Systems** and **Cardiovascular Disease Prevention**. With his outstanding experience in this health field, he has served as a consultant on special assignment for the **Nutrition Management** of the **World Health Organization** Headquarters in Geneva. He has also worked as **Director of Research** in Food Security, Health and Society in the Faculty of Humanities and Social Sciences at the University of Cambridge.

For his constant commitment to the dissemination of **healthy eating habits**, he has received the **Josephine Lansdell Award** from the British Medical Association. Specifically, this recognition highlighted his contributions related to nutrition and **Cardiovascular Prevention**. Also, as an international expert, he has participated in a work program on **Food, Nutrition and Education** in India, led by the University of Cambridge and funded by the UK Global Challenges Research Fund.

Dr. Sumantra Ray's studies are worldwide references, focusing on **global food security**, as it is a fundamental aspect for the development of societies. In addition, he has demonstrated his leadership skills as a **Senior Clinical Scientist** at the **Medical Research Council**, focusing on **Nutrition** and **Vascular Health** studies. In this position, he directed an experimental medicine facility dedicated to Human **Nutrition** studies.

Throughout his career he has authored more than **200 scientific publications** and has written the **Oxford Handbook of Clinical and Health Research**, aimed at strengthening the basic research skills of health care workers around the world. In this sense, he has shared his scientific findings in numerous presentations and congresses, in which he has participated in different countries.



## Dr. Ray, Sumantra

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- Executive Director and Founder, NNEdPro Global Nutrition and Health Centre, Cambridge, UK
- Director of Research in Food Security, Health and Society in the Faculty of Humanities and Social Sciences, University of Cambridge
- Co-Founder and President of the BMJ Scientific Journal Nutrition, Prevention and Health
- Presidential Advisor at the School of Advanced Studies on Food and Nutrition, University of Parma
- Vice President of the Conference of Medical Academic Representatives of the BMA
- Consultant on special assignment for the Nutrition Directorate of the World Health Organization Headquarters in Geneva
- Honorary International Dean of the Cordia Colleges in India
- Senior Clinical Scientist with the Medical Research Council
- Bachelor's Degree in Medicine



## Management



### Ms. Aunió Lavarías, María Eugenia

- ♦ Pharmacist and Clinical Nutrition Expert
- ♦ "Author of the reference book in the field of Clinical Nutrition "Dietetic Management of Overweight in the Pharmacy Office". (Panamerican Medical Publishing House)
- ♦ Pharmacist with extensive experience in the public and private sector
- ♦ Pharmacist in Valencia Pharmacy
- ♦ Pharmacy Assistant in the British pharmacy and health and beauty retail chain Boots, UK
- ♦ Degree in Pharmacy and Food Science and Technology. University of Valencia
- ♦ Director of the University Course "Dermocosmetics in the Pharmacy Office"



04

# Structure and Content

The structure of the contents has been designed by a team of professionals knowledgeable about the implications of specialization in the daily practice of a nutritional pediatrician, aware of the current relevance of specialization specialization to able to act before a pediatric patient, and committed to quality teaching through new educational technologies.



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*This Postgraduate Certificate in Child Nutrition contains the most complete and updated scientific program on the market”*

## Module 1. Nutrition and Pathologies in Childhood

- 1.1. Nutrition of Children with Oral Pathologies
- 1.2. Nutrition of Infants and Children with Gastroesophageal Reflux
- 1.3. Nutrition in Acute Diarrhea Situation
- 1.4. Nutrition in Children with Celiac Disease
- 1.5. Nutrition in Children with Inflammatory Bowel Disease
- 1.6. Nutrition in Children with Digestive Malabsorption Syndrome
- 1.7. Nutrition in Children with Constipation
- 1.8. Nutrition in Children with Liver Disease
- 1.9. Eating Difficulties and Disorders in Children
  - 1.9.1. Physiological Aspects
  - 1.9.2. Psychological Aspects
- 1.10. Eating Disorders
  - 1.10.1. Anorexia
  - 1.10.2. Bulimia
  - 1.10.3. Others
- 1.11. Innate Problems With Metabolism
  - 1.11.1. Principles for Dietary Treatment
- 1.12. Nutrition in Dyslipidemias
- 1.13. Nutrition in the Diabetic Child
- 1.14. Nutrition in Autistic Children
- 1.15. Nutrition in Children with Cancer
- 1.16. Nutrition in Children with Chronic Pulmonary Pathology
- 1.17. Nutrition in Children with Nephropathy
- 1.18. Nutrition in Children with Food Allergies and/or Intolerances
- 1.19. Childhood and Bone Pathology Nutrition







“*A unique, key, and decisive master's degree experience to boost your professional development*”

# 05 Methodology

This training program provides you with a different way of learning. Our methodology uses a cyclical learning approach: ***Re-learning***. This teaching system is used in the most prestigious medical schools in the world, and major publications such as the ***New England Journal of Medicine*** have considered it to be one of the most effective.





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*Discover Re-learning, a system that abandons conventional linear learning, to take you through cyclical teaching systems: a way of learning that has proven to be extremely effective, especially in subjects that require memorization".*

## At TECH we use the Case Method

In a given situation, what would you do? Throughout the program, you will be presented with multiple simulated clinical cases based on real patients, where you will have to investigate, establish hypotheses and, finally, resolve the situation. There is abundant scientific evidence on the effectiveness of the method. Specialists learn better, faster, and more sustainably over time.

*With TECH you can experience a way of learning that is shaking the foundations of traditional universities around the world.*



According to Dr. Gervas, the clinical case is the annotated presentation of a patient, or group of patients, which becomes a "case", an example or model that illustrates some peculiar clinical component, either because of its teaching potential or because of its uniqueness or rarity. It is essential that the case is based on current professional life, trying to recreate the real conditions in professional medical practice.

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*Did you know that this method was developed in 1912 at Harvard for law students? The case method consisted of presenting students with real-life, complex situations for them to make decisions and justify their decisions on how to solve them. In 1924, Harvard adopted it as a standard teaching method.*

The effectiveness of the method is justified by four fundamental achievements:

1. Students who follow this method not only grasp concepts, but also develop their mental capacity by evaluating real situations and applying their knowledge.
2. The learning process has a clear focus on practical skills that allow the student to better integrate into the real world.
3. Ideas and concepts are understood more efficiently, given that the example situations are based on real-life.
4. Students like to feel that the effort they put into their studies is worthwhile. This then translates into a greater interest in learning and more time dedicated to working on the course.



## Re-Learning Methodology

At TECH we enhance the Harvard case method with the best 100% online teaching methodology available: Re-learning.

Our University is the first in the world to combine the study of clinical cases with a 100% online learning system based on repetition, combining a minimum of 8 different elements in each lesson, which represent a real revolution with respect to simply studying and analyzing cases.

*The physician will learn through real cases and by solving complex situations in simulated learning environments. These simulations are developed using state-of-the-art software to facilitate immersive learning.*



At the forefront of world teaching, the Re-learning method has managed to improve the overall satisfaction levels of professionals who complete their studies, with respect to the quality indicators of the best Spanish-speaking online university (Columbia University).

With this methodology we have trained more than 250,000 physicians with unprecedented success, in all clinical specialties regardless of the surgical load. All this in a highly demanding environment, where the students have a strong socio-economic profile and an average age of 43.5 years.

*Re-learning will allow you to learn with less effort and better performance, involving you more in your specialization, developing a critical mindset, defending arguments, and contrasting opinions: a direct equation to success.*

In our program, learning is not a linear process, but rather a spiral (we learn, unlearn, forget, and re-learn). Therefore, we combine each of these elements concentrically.

The overall score obtained by our learning system is 8.01, according to the highest international standards.

In this program you will have access to the best educational material, prepared with you in mind:



#### Study Material

All teaching material is produced by the specialists who teach the course, specifically for the course, so that the teaching content is highly specific and precise.

This content is then adapted in an audiovisual format that will create our way of working online, with the latest techniques that allow us to offer you high quality in all of the material that we provide you with.



#### Latest Techniques and Procedures on Video

We introduce you to the latest techniques, to the latest educational advances, to the forefront of current medical techniques. All this, in first person, with the maximum rigor, explained and detailed for your assimilation and understanding. And best of all, you can watch them as many times as you want.



#### Interactive Summaries

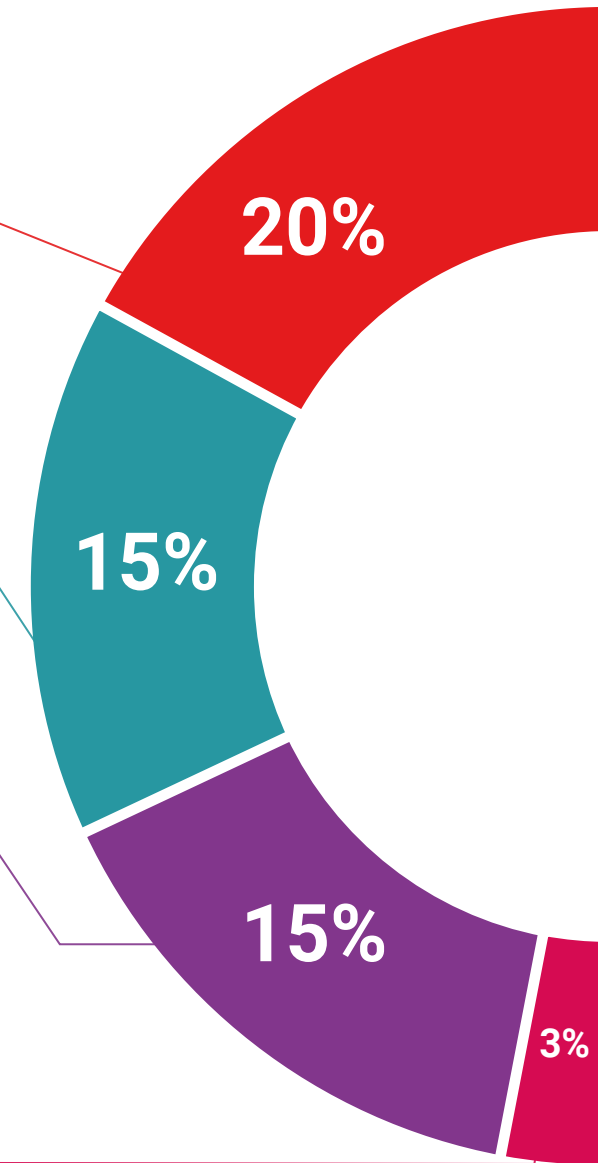
We present the contents attractively and dynamically in multimedia lessons that include audio, videos, images, diagrams, and concept maps in order to reinforce knowledge.

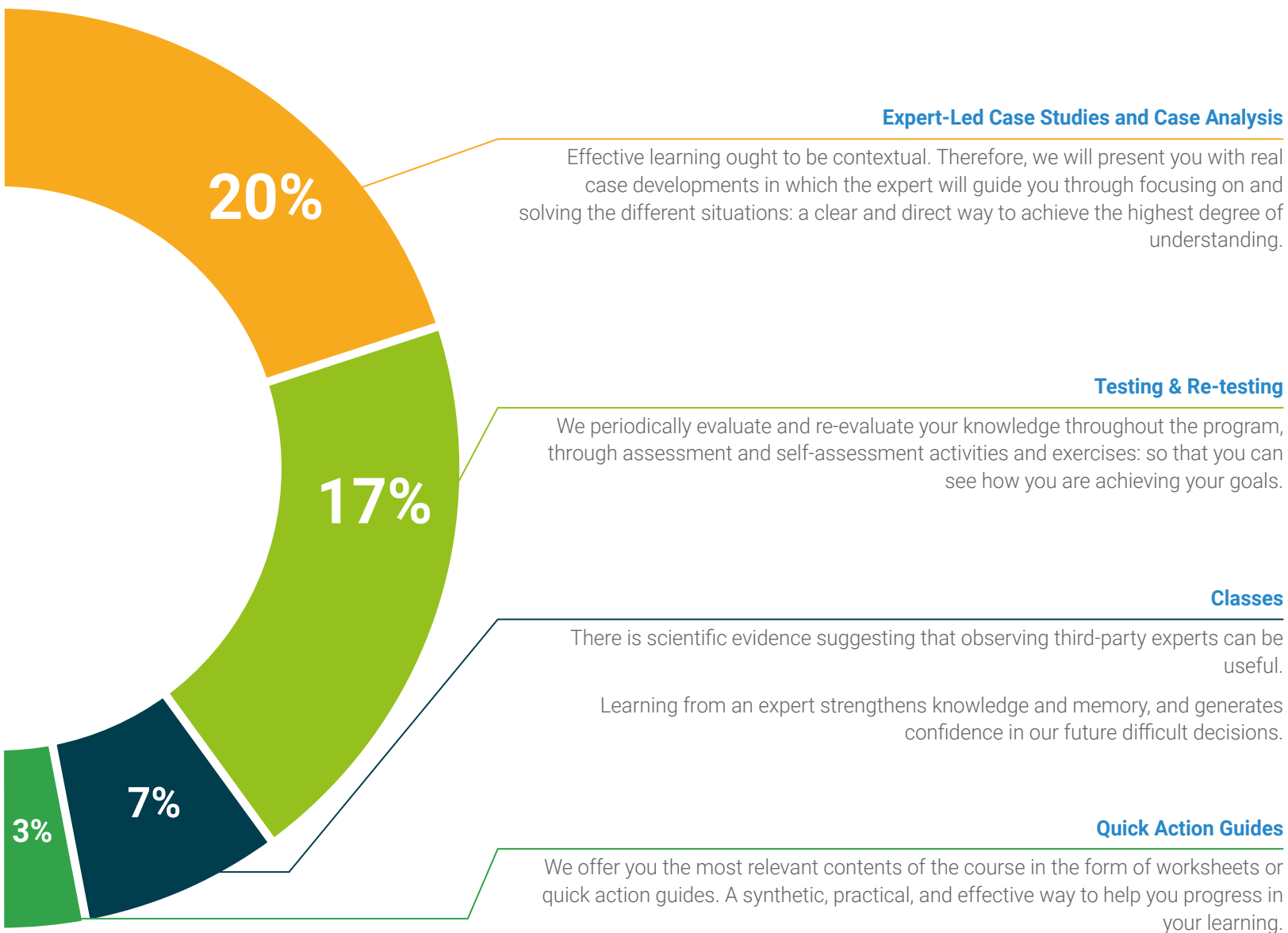
This unique multimedia content presentation training system was awarded by Microsoft as a "European Success Story".



#### Additional Reading

Recent articles, consensus documents, international guides. in our virtual library you will have access to everything you need to complete your training.







# 06 Certificate

The Postgraduate Certificate in Nutrition and Pathologies in Childhood guarantees students, in addition to the most rigorous and up-to-date education, access to a Postgraduate Certificate issued by TECH Global University.



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*Successfully complete this specialisation and receive your university degree without travel or laborious paperwork”*

This program will allow you to obtain your **Postgraduate Certificate in Nutrition and Pathologies in Childhood** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Postgraduate Certificate in Nutrition and Pathologies in Childhood**

Modality: **online**

Duration: **2 months**

Accreditation: **8 ECTS**



future  
health confidence people  
education information tutors  
guarantee accreditation teaching  
institutions technology learning  
community commitment  
personalized service innovation  
knowledge present  
online training  
development languages  
virtual classroom



## Postgraduate Certificate Nutrition and Pathologies in Childhood

- » Modality: online
- » Duration: 2 month
- » Certificate: TECH Technological University
- » Credits: 8 ECTS
- » Schedule: at your own pace
- » Exams: online



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